



WELLNESS RESOURCE GUIDE

Prepared By:
District Wellness Committee Co-Chairs
Renata Lantos, Principal Bielefield School
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This handbook provides a variety of resources for your reference throughout the school year. We hope that you will find the information in this guide useful.

The following information is included for your convenience:

Section I

- District Wellness Policy

Section II

- Staff & Parent Communication Samples

Section III

- Resources

Section IV

- Public Act 06-63
An Act Concerning Food & Beverages

Districts Wellness Committee Members:

Co-Chairs, Renata Lantos and Lisa Melaven

Michael Frechette, Barbara Weiss, William Boyd, Sheila Daniels, Dr. Joseph Havlicek, Michael Pitruzzello, Donna Marino, Ann Purcell-Murray, Jayme Hannay, Cindy Cohen, Cathy Branch-Stebbins, Jill Garrity, Marci Swede, Lisa Griswold, Diane Castagno, Jennifer Fuqua, Erin McCann, Pat DiStefano, Mary Rose Barone, Mark Fong, Tracy Quinn, Kristy Byrd, Jackie Turner, Keavy Peterson, Kathy Ellis, Pat Girard, Enza Macri, Jon Romeo, Jeffrey Wallowitz, James Gaudreau, Mark Proffitt, Joesph Cassella, Tracey Koff, Gene Nocera, Robert Fontaine