

The Right Steps



Nurturing Program

Improve your parenting skills and create healthy bonds!

Are you interested in...

- Promoting parent and child wellness for your whole family?
- *Sharing experiences*, exploring positive life options and *enjoying acceptance and support*?

Sample Topics Include:

- ★ Developmental Stages
- ★ Managing Behavior
- ★ Developing Morals and Values
- ★ How to deal with stress

Parents and children learn *self-confidence, cooperation, communication* and conflict resolution.

New Prenatal Program also available.

8-10 weeks, Light dinner and childcare provided.

For more information contact:

Parent Leadership Office
Middletown Public Schools
310 Hunting Hill Ave.
Middletown, CT 06457
Phone: 860-638-1463
Email: plti@mpsct.org



People Empowering People
*Find your voice,
connect with your community!*

Would you like to...

- *Feel more comfortable in your school and community?*
- *Help improve things in your neighborhood and community.*

Sample class topics include:

- ★ Problem Solving
- ★ Child Development
- ★ Action Planning
- ★ Community Assessment

PEP Consists of:

- Light dinner
- Childcare
- Ten evenings for 2 hours.

Classes are held every Spring and Fall.



Parent Leadership Training Institute

PLTI is *not just a program, it is a life changing experience according to our graduates.*

Do you want to:

- Gain **leadership skills** and receive **advocacy training**?
- **Improve your community** and the lives of **children**?

Many who graduate are now serving on local boards and committees.



Sample class topics are:

- ★ The Power of the Media
- ★ What is Public Policy
- ★ How the City and State Work
- ★ Analyzing Budgets

PLTI Consists of:

- A Saturday Retreat
- 20 four-hour evening meetings.
- Children's Leadership program.
- Dinner



Parents Supporting Educational Excellence

Get practical strategies to improve schools for all children.

Have you ever wondered.....

- ★ Why *some students succeed* in school while others do not
- ★ What is a *parent's role* in children's learning and school improvement,
- ★ What *effective schools* look like, and
- ★ How *parents can lead* in schools?

If so, Parents SEE is the program for you.



Parents SEE consists of:

- Saturday Retreat
- 12 four-hour evenings
- Childcare
- Dinner

The Right Steps, Parent Partnership and Leadership in Middlesex County

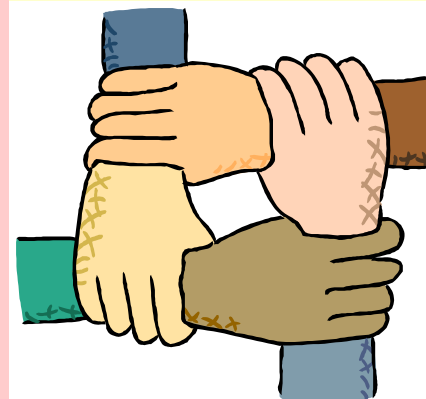
Working together to make a stronger community for our children since 1999.

How do I know which program will be best suited for me?

- If you are looking for support in child and family development, looking to improve your communication and problem solving skills and want guidance in becoming involved in your community, PEP might be right for you.
- If you want to start effecting change for all children and families, want to feel comfortable and engaged on committees and boards, want to enhancing your public speaking and networking, PLTI would be appropriate.
- If you have had leadership training and are interested in educational policy, Parents SEE is the program which might fit your needs.

Do I have to pay?

No, these are **free** programs, funded through sponsorship and grants*.



Complete Form to Register:

NURTURING PROGRAM



PEP



PLTI



PSEE

Name: _____

Address: _____

Phone: _____

Email: _____

School/ Organization: _____

Program of Interest: _____

NURTURING PROGRAM



PEP



PLTI



PSEE

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phone 860-638-1463 or email: plti@mpset.org

*Programs supported by Middletown Public Schools, Children Trust /Parent Trust , SERC/PIRC, Liberty Bank Foundation, Rushford Center & Middlesex Hospital.